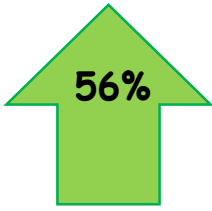




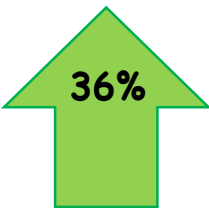


Percentage	I can ...	Prove it!
 <p>56%</p>	<p>I can respond creatively to the brief of a pizza exploring and testing my ideas both theoretically and practically.</p>	<p>Create a pizza with an accompanying recipe.</p>
 <p>52%</p>	<p>I can use a few different sources of information to help generate ideas.</p>	<p>Find 3 different kinds of pizza using 3 different sources of information. Identify where you have got the information from and what you have learnt.</p>



Percentage	I can ...	Prove it!
	<p>I can use labelled sketches/recipes to show my ideas.</p>	<p>Write a recipe for a pizza labelling the features of a recipe. Draw a sketch labelling your ideas.</p>
	<p>I can make a step by step recipe and time plan for a fruit smoothie and/or a pizza.</p>	<p>Write a recipe for a fruit smoothie and/or a pizza with timings and temperatures.</p>
	<p>I can evaluate my recipe as it develops.</p>	<p>Write a recipe for a fruit smoothie including 3 changes that you have made as a result of the feedback from your practical session.</p>
	<p>I can use correct equipment in an appropriate way.</p>	<p>Write a list of equipment that you would need for the following dishes and identify how they would be used:</p> <ol style="list-style-type: none"> 1. Fruit smoothie 2. Fruit kebab 3. Pizza





I can adapt a recipe that shows I can my own ideas.

Rewrite a recipe for a basic fruit smoothie adding your own ideas and highlighting them.
- Use should also sketch and label your idea

Percentage

I can ...

Prove it!



**I can choose correct ingredients, equipment and methods and say why I chose them.
I can understand the principles of nutrition.**

1. List 10 utensils and add one specific dish you would use it in.
2. List 6 cooking methods and 6 dishes you would use the method in.
3. Name the 5 main food categories and their uses for the body.

Key Words:

Gastronomy
Ingredients
Utensils
Method
Measurements
Grams
Kilograms
Teaspoon
Carbohydrates
Protein
Calcium
Vitamins
Minerals
Fibre



