# Percentage Ladder – La vie saine

## Writing

| Percentage | I can … | Prove it! |
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| | **Listening**<br>I can understand authentic spoken texts and material from a range of voices.<br>I can paraphrase what I have understood into English.<br>I can understand references to the past, present, future and conditional.<br>I can identify the overall message, key points, details and opinions<br><br>**Speaking**<br>I always communicate in class in French and ask questions confidently.<br>I can speak spontaneously and discuss facts and experiences confidently.<br>I can speak in the past, present, future, imperfect and conditional confidently and naturally.<br>I am adventurous with my language, using a range of opinions, adjectives, quantifiers, connectives and verbs for this topic (manger, boire, garder (la forme), faire, jouer, fumer, mener, consommer…).<br>I make few mistakes.<br><br>**Reading**<br>I can apply my language skills and knowledge of French to understand a variety of unseen texts.<br>I can understand all references to the past, present, future, imperfect and conditional.<br>I can also use context and other clues to work out the meaning of new material I read.<br>I read authentic French for pleasure.<br><br>**Writing** | **Writing:**<br><br>**Vous écrivez vos réflexions dans votre blog.**<br>**Décrivez :**<br>• les avantages de mener une vie saine<br>• si vous étiez en bonne forme dans le passé<br><br>**Écrivez environ 150 mots en français.**<br><br>*To achieve 80% in this task, you must give a full response to both bullet point and use a wide range of opinions, adjectives, quantifiers, connectives and verbs (manger, boire, garder (la forme), faire, jouer, fumer, mener, consommer…). You must make accurate reference to at least three different tenses.* |

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| | I can translate from English to French accurately.<br>I can express and justify complex points of view<br>I can write 150 words on this topic without preparation using a wide range of tenses, adjectives, quantifiers, connectives and verbs (manger, boire, garder (la forme), faire, jouer, fumer, mener, consommer…).<br>I make few mistakes and my verb endings are secure.<br>I can adapt language I already know in new contexts for different purposes. | |
| | **Listening**<br>I can almost always identify the overall message, key points, details and opinions.<br>I can almost always interpret references to the past, present, future and conditional accurately.<br><br>**Speaking**<br>I always communicate in class in French.<br>I have good pronunciation and use a range of adjectives, quantifiers, connectives and verbs (manger, boire, garder (la forme), faire, jouer, fumer, mener, consommer…).<br>I react readily and spontaneously.<br>I can initiate and sustain conversations without much preparation.<br>I give and explain opinions regularly.<br>I can speak in the past, present and future are generally successfully.<br><br>**Reading**<br>I can understand a variety of unseen texts and authentic materials.<br>I can apply my language skills and knowledge of French to understand the main points of unseen texts.<br>I can also use context and other clues to work out the meaning of new material I read.<br>I can understand references to the past, present, future.<br><br>**Writing** | **Writing:**<br>**Translate the following passage into French:**<br><br>Two years ago, I went to Japan with my parents. We ate a lot of sushi. It was really delicious and good for your health. I often eat it now.<br><br>I never eat any meat because I have been a vegetarian for two years.<br><br>*Take care when translating irregular verbs such as aller (to go) and être (to be). Remember that direct object pronouns (en = it) come before the verb.* |

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| | I can translate from English to French accurately.<br>I can express and justify points of view.<br>I can write 150 words on this topic without much preparation.<br>I use a range of tenses, adjectives, quantifiers, connectives and verbs (manger, boire, garder (la forme), faire, jouer, fumer, mener, consommer…).<br>I can make references to the past, present and future confidently in my writing. | |
| | **Listening**<br>I can understand the main points and opinions from a spoken passage by listening for the gist or for detail.<br>I can normally identify the overall message, key points, details and opinions.<br>I can understand references to the past, present, future and conditional most of the time.<br><br>**Speaking**<br>I often communicate in French in class.<br>I can respond to questions using extended and detailed answers using a range of adjectives, quantifiers, connectives and verbs (manger, boire, garder (la forme), faire, jouer, fumer, mener, consommer…).<br>I can talk in the past, present and future mostly successfully.<br>I am mostly accurate with good pronunciation.<br><br>**Reading**<br>I can understand the main points and details of longer texts on this topic.<br>I can understand some unfamiliar language, and am becoming more confident in working out the meaning of new language using context and clues.<br><br>**Writing**<br>I can translate from French to English accurately.<br>I can write 90 words on this topic without much preparation. | **Writing**<br><br>Vous écrivez un article sur les sports extrêmes.<br><br>Décrivez:<br>• Les avantages et les inconvénients des sports extrêmes<br>• Une expérience sportive que vous avez eu<br><br>**Écrivez environ 150 mots en français.**<br><br>*To achieve 60% in this task you must be able to respond fully to both bullet points. You must use range of opinions, adjectives, quantifiers, connectives and verbs (manger, boire, garder (la forme), faire, jouer, fumer, mener, consommer…). You must make accurate reference to at least two different tenses.* |

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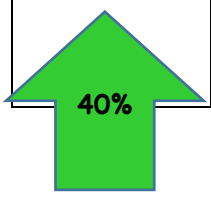
| | I can express opinions and use a range of tenses, adjectives, quantifiers, connectives and verbs (manger, boire, garder (la forme), fumer, faire du travail bénévole, mourir, tuer).<br>I can make references to the past, present and future largely accurately in my writing. | |
| | **Listening**<br>I can understand the main points and opinions of a short spoken text by listening for the gist.<br>I can normally understand references to the past, present, future and conditional.<br><br>**Speaking**<br>I communicate in French in class.<br>I can respond to questions on this topic and extend some answers.<br>I can react spontaneously sometimes, but most answers rely on memorised language.<br>My pronunciation is good. I use a range of adjectives, quantifiers and connectives.<br>I can talk in the present, and the past or future (or conditional).<br><br>**Reading**<br>I can understand the main points and opinions of shorter texts on this topic.<br>I can use context and clues to understand some unfamiliar language.<br>I can understand most references to the past, present, future or conditional.<br><br>**Writing**<br>I can translate from French to English accurately.<br>I can write 90 words on this topic without much preparation.<br>I can express opinions and use a range of adjectives, quantifiers and connectives.<br>I can write in the past, future or conditional. | **Writing:**<br><br>**Vous écrivez une description de votre régime alimentaire.**<br><br>**Décrivez:**<br>• Si vous mangez beaucoup de fruits et légumes<br>• Ce que vous buvez<br>• Ce que vous avez mangé hier<br>• Comment vous allez manger sain dans le futur<br><br>**Écrivez environ 90 mots en français.**<br><br>*To achieve 50% in this task you must be able to respond fully to all bullet points (although words do not have to be equally weighted). You must use a range of opinions, adjectives, quantifiers, connectives and verbs (manger, boire, garder (la forme), faire, jouer, fumer, mener, consommer…). You must make accurate reference to at least two different tenses (bullet points three and four).* |
|  | **Listening**<br>I can understand the main points of a short spoken passage or dialogue. | **Writing:**<br>Translate the following sentences into French: |

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| | I can recognise whether an opinion is positive or negative.<br>I can normally understand references to past, present or future.<br><br>**Speaking**<br>I can reuse classroom language to say what I want to say without being prompted.<br>I can take part in a simple conversation on this topic and give my opinions.<br>I use adjectives, quantifiers and connectives and my pronunciation is generally good.<br>I can speak in the present and past or future tense.<br><br>**Reading**<br>I can understand the main points and opinions from short written texts on this topic.<br>I can use context to help me understand some unfamiliar language.<br>I can sometimes understand references to the past, present and future.<br><br>**Writing**<br>I can translate simple phrases in French to English accurately.<br>I can write 90 words on this topic but sometimes use memorised language.<br>I can express my opinions and use adjectives, quantifiers and connectives.<br>I can write in the present tense and I can try to include the past tense or future tense. | 1) I eat healthily<br>_____<br>2) However in the past, I was unheathy<br>_____<br>3) I used to eat a lot of fatty foods<br>_____<br>4) Now, I do a lot of sport<br>_____<br>5) I love extreme sports such as bungee jumping!<br>_____<br>_____ |
| 30% | **Listening**<br>I can understand the main points of a short spoken passage or dialogue.<br><br>**Speaking**<br>I communicate in French in class.<br>I can reuse classroom language to give up to three different opinions.<br>I can ask and answer simple questions on this topic.<br>I can answer simple questions and give back basic information. | **Writing:**<br>Tu écris un blog à propos de la santé.<br><br>Mentionne:<br>• la nourriture saine<br>• si tu en manges<br>• les avantages du sport<br>• les inconvénients du sport<br><br>Écris 40 mots. |

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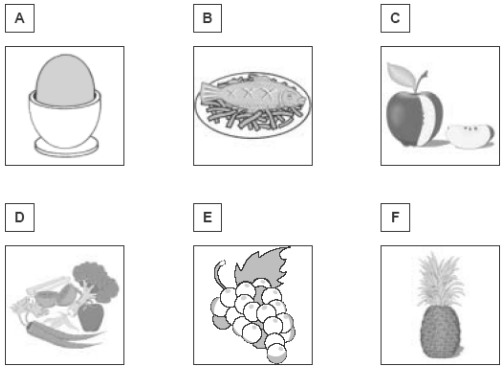
| | **Reading**<br>I can understand the main points and opinions from a short text.<br>I am able to use a dictionary with more confidence.<br><br>**Writing**<br>I can translate simple phrases in French to English accurately.<br>I can write 40 words on this topic.<br>I can include an opinion, connectives or adjectives. | *To achieve 30% in this task you must be able to respond fully to all bullet points (although words do not have to be equally weighted). You must use a range of opinions, adjectives, quantifiers, connectives and some verbs (manger, boire, garder (la forme), faire, jouer, fumer, mener, consommer…).* |
| **20%** | **Listening**<br>I can understand a range of familiar words and phrases.<br><br>**Speaking**<br>I normally communicate in French in class.<br>I can answer simple questions and give back basic information<br><br>**Reading**<br>I can understand and read out familiar written phrases.<br><br>**Writing**<br>I can copy a model to write at least 4 descriptive sentences on this topics. I can spell words I know from memory. | **Writing :**<br>**Qu'est-ce qu'il y a sur la photo ? Ecrivez quatre phrases.**<br><br> <br><br>1. _____<br>2. _____<br>3. _____<br>4. _____ |
| **10%** | **Listening**<br>I can understand a few similar spoken words and phrases.<br><br>**Speaking**<br>I can say and repeat words and short, simple phrases.<br><br>**Reading**<br>I can recognise and read out a few familiar words and phrases.<br><br>**Writing**<br>I can write out or copy simple words or short phrases correctly. | **Liez l'image avec le bon mot:**<br><br>  <br><br><br>(a) Des légumes ☐ |

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| | | (b) Une pomme ☐<br>(c) Un ceuf ☐<br>(d) Du raisin ☐ |